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Benefits enrolment open—March

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During the month of March, U of T employees will be able to make changes to **extended health, dental, vision** and **semi-private hospital benefits** coverage. Changes may include the addition or removal of dependants, or opting in / out of plans, where applicable.

To review your existing coverage, login to [Employee Self-Service \(ESS\)](#), select “Pay and Benefits Information”, then “Benefits Participation Overview.”

Outside of the open enrolment period in March, you may modify your coverage during other times of the year if you experience a life event (e.g. marriage, divorce, birth of child, etc.), or if your spouse / partner loses or gains equivalent coverage.

Some benefits may be employee group specific; refer to the [Benefits section on the HR & Equity website](#) to determine your eligibility.

To make changes to your benefits coverage, contact your [HR Divisional Office](#) and submit a completed benefits enrolment form between **March 1 to 15, 2019**.

If changes are made, applicable deductions will appear starting with your March pay. Your revised coverage will take effect April 1, 2019.

Contact your [HR Divisional Office](#) if you have further questions.

—Ian MacEachern—Director, Benefits, Pension & Payroll, Division of HR & Equity, University of Toronto

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